

TASTY PASTRY DONUT HAND SEWING PROJECT

another cool project for the 'me made' life!



APRIL 1, 2021

SEW IT! WORKSHOP

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How to Sew the Tasty Pastry Donut

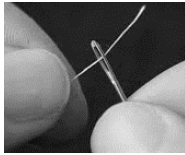
You will need:

- 1 piece of felt for the top of the donut
- 1 piece of felt for the bottom of the donut if you want the top and bottom to be different
- 1 piece of felt for the frosting
- 2 or 3 buttons with large holes
- 2 or 3 tiny scraps of felt in colors that you like for the sprinkles
- A pen, pencil or chalk to mark your fabric
- Embroidery Floss
- Large-Eye Needle
- Polyfill Stuffing or DIY stuffing with used plastic shopping bags
- Scissors
- A pin or two

You'll need to thread a needle and sew the Running Stitch to make this

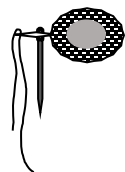
Project:

Threading Your Needle



This very first step in sewing can be a little intimidating - the eye of the needle looks so small! But it's easy, especially if you begin with a needle with an elongated eye like an embroidery or chenille needle. Make sure you have good light. Use black all-purpose thread and a piece of white paper to act as a background. Cut a piece of thread that is about as long as your arm. Remove any frayed thread by snipping a fresh tip on the end. Dampen the tip of the thread with water or saliva to seal and stiffen as you guide it into the eye of the needle. Now, hold the thread between your forefinger and thumb with about 1/2 inch of thread showing. Hold the needle in your other hand near the eye. Then, gently push the thread through the eye of the needle. It may take a couple of tries. Once the thread goes through, pull it so that you have two equal lengths of thread.

How to Use a Needle Threader



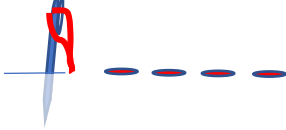
The needle threader is a cool little tool. Just push the flexible wire loop through the eye of the needle. This is very easy to do because the wire and the holder give you plenty of stability. Put your thread through the wire loop and pull it back through the eye of the needle and presto! Your needle is threaded

How to Make a Knot



To secure your hand stitching just make a simple knot at the end of one or two strands of thread by making a loop around your index finger and bring the thread ends through the loop and pull gently to form the knot.

Sewing the Running Stitch



You may already know this stitch even if you don't know it by name.

Make a Stitch Practice Line: Draw a straight line on a piece of paper with the pencil and ruler. On top of that line, draw about 10 dashes that are $\frac{1}{4}$ inch long and $\frac{1}{4}$ inch apart. Thread your needle. Push the needle from underneath the paper and pull gently until the knot catches beneath. Push the needle down at the end of the dash and pull again until the stitch is nice and flat. Continue for the remaining dashes.

Knitting Off - How to Finish a Line of Hand Sewing

When you are just beginning, always make sure you have at least 5 inches of thread on your needle as you sew. This will make it easy to secure your sewing with a knot at the end of your stitches. To make the knot, cut your thread about 3 inches from the fabric. Tie the two ends pulling the thread so that the knot goes down to the fabric. Tie a second time for extra security.



Try making stitches on a small piece of fabric just like you did on paper. Now you are ready to sew by hand!

Lets Get Started!

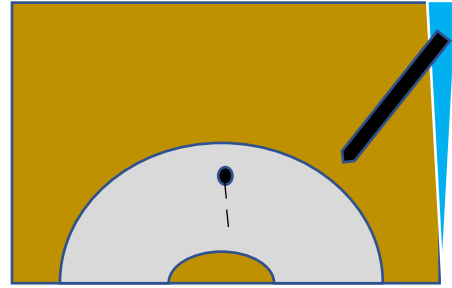
Step 1. Cut out the pattern pieces on the last page of these instructions for the donut, frosting and sprinkles.

Step 2. For the donut you will need a top and a bottom.

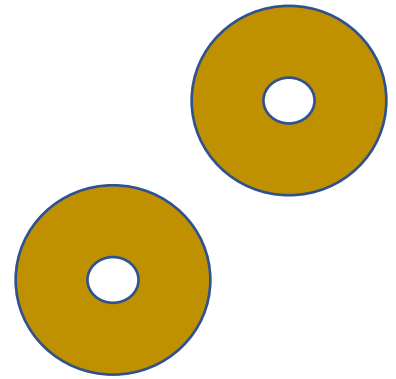
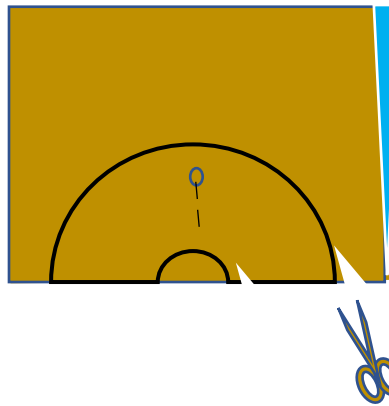
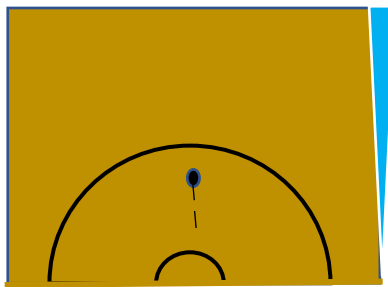
Fold one piece of felt in half.



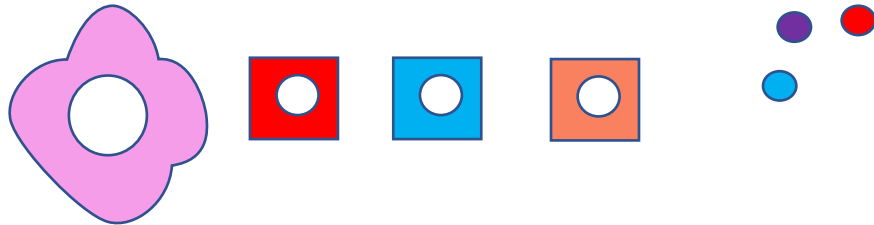
Grab the donut pattern piece. Place it on the felt as shown with the flat edges next to the fold. Pin in place. Trace the donut onto the felt.



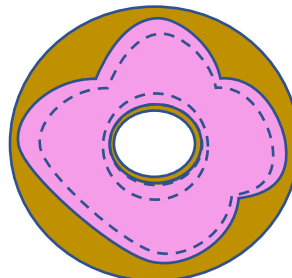
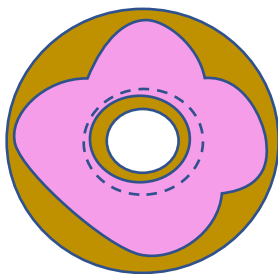
Remove the pattern. Re-pin the felt so that it doesn't move around. Cut out the donut. Repeat for the bottom of the donut.



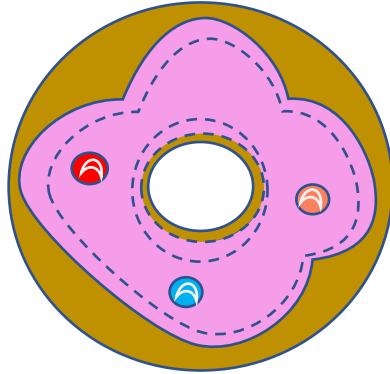
Step 3. Repeat the same steps to cut out the frosting. And then cut out a few sprinkles too.



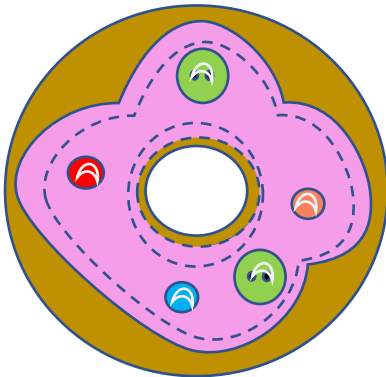
Step 4. Sew the frosting onto the top of the donut. Sew along the inside circle frosting with the running stitch.



Step 5. Grab your sprinkles and place them on the frosting. Sew in place with just one or 2 stitches.



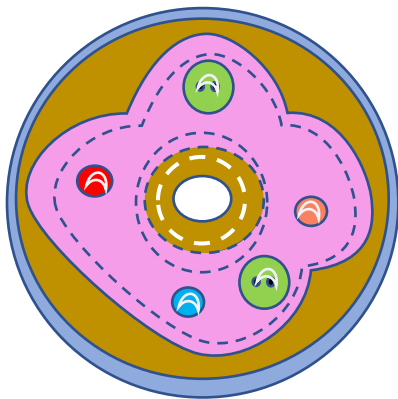
Step 6. Grab the buttons. Sew the buttons on following the instruction box. Its really similar to how you stitched the sprinkles. Make sure to go through the holes.



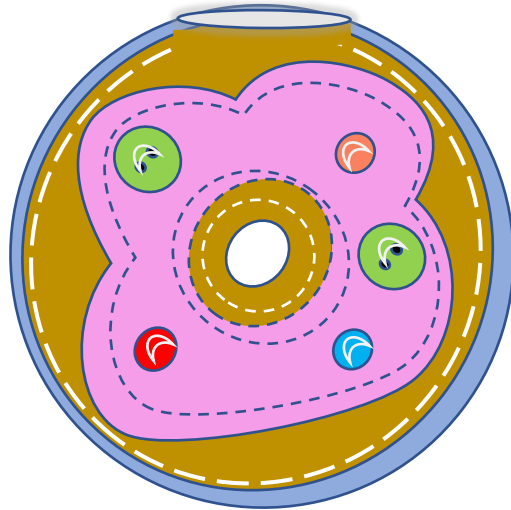
How to Sew On A Button:

1. Thread your needle and make your knot.
2. Mark where you want to put your button with a small dot.
3. Start underneath the donut, push your needle through the mark.
4. Pull the needle until the knot stops the thread.
5. Place one of the eyes of the button on the needle and slide the button down the thread to the donut.
6. Push the needle through the other eye and pull until the thread is nice and flat on top of the button. Make a knot. Cut your threads.

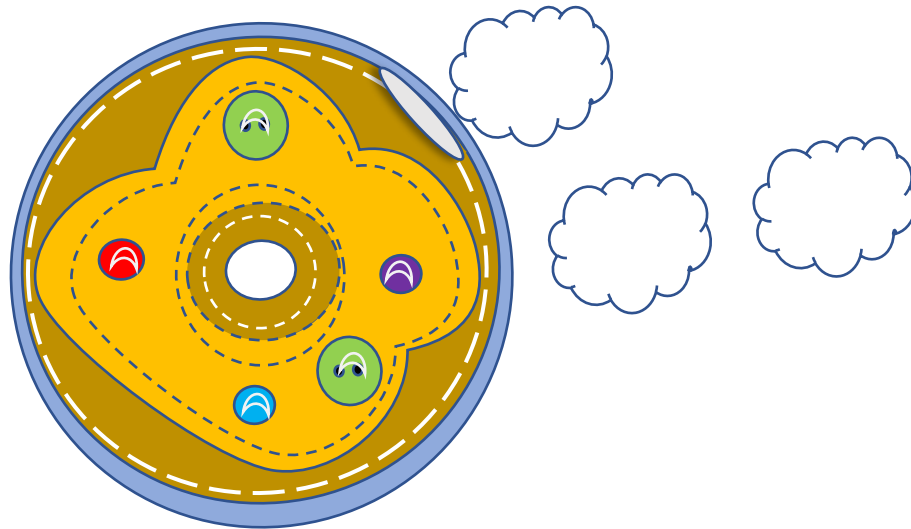
Step 7. Sew the top and bottom of the donut together. Around the inside circle



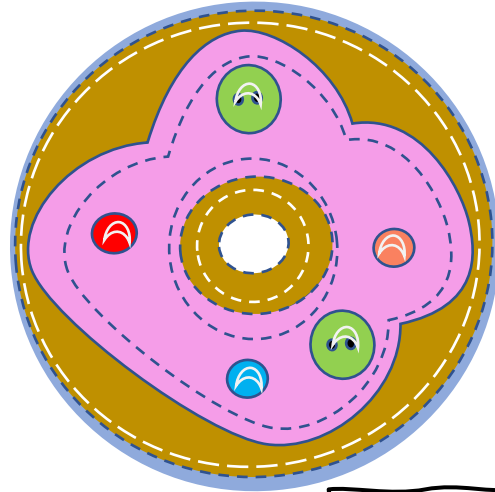
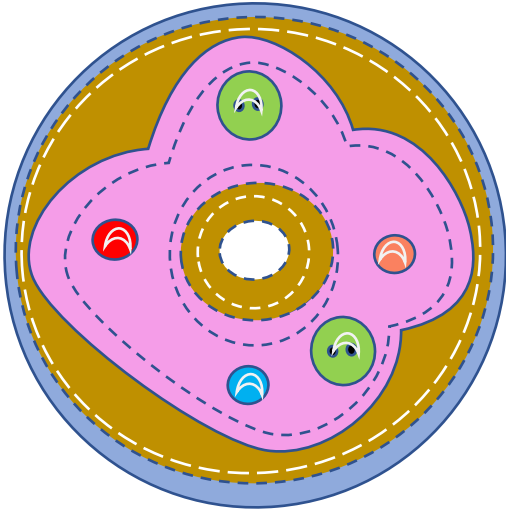
Step 8. Sew the top and bottom of the donut together on the outside circle. Leave a 2" opening as shown for stuffing.



Step 9. Stuff the Donut with several handfuls of polyfill or cut up old plastic grocery bags. Make sure to push the stuffing all the way to the bottom of the donut and then fill up each side. Close the opening with the running stitch.



Step 10. Close up the opening with the running stitch. If desired, trim the outside edge of the donut but be careful to avoid your stitches!



That's It!

Tasty Pastry Donut
Pattern Pieces

